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Close your eyes and visualize your DREAM! Picture the colors, shapes, smells, and textures. Now picture yourself as if it is happening NOW. Practice this multiple times a day.

What personal strengths will help you meet your dream?

- 1.
- 2.
- 3.
- 4.
- 5.

What is something you can do today to move closer to this DREAM?

- 1.
- 2.
- 3.