



Intentional Writing Exercise

Answer this question in 200 words or less:

Dream BIG! Where do you see yourself in 2 years? What does this look like to you? Be descriptive enough that others can see the image in your head. Imagine as if you are living this dream already! What are you doing in career and hobbies? Who is around you? What is your financial situation? Where are you living? What is your attitude and perspective in life? What do your relationships look like?





Close your eyes and visualize your DREAM! Picture the colors, shapes, smells, and textures. Now picture yourself as if it is happening NOW. Practice this multiple times a day.

1.	
2.	
3.	
4.	
5.	
What is something you can do today to move closer to this DF	REAM?
1.	
2.	